

REGION 6 AA TRACK & FIELD

GIRLS CHAMPIONSHIPS

JUNE 2 & 3, 1989

HAMLIN UNIVERSITY

| SCHOOL | POINTS |
|-------------------|--------|
| 1. Minnetonka | 142 |
| 2. St. Louis Park | 86 |
| 3. Armstrong | 76 |
| 4. Edina | 65 |
| 5. Wayzata | 29 |
| 6. Mound | 24 |
| 7. Hopkins | 22 |
| 8. Orono | 19 |
| 9. Kennedy | 18 |
| 10. Cooper | 10 |
| 11. Jefferson | 4 |
| 12. Richfield | 1 |

11:00
11:45
12:30
12:00
12:40
12:15

9:43.0
9:50.9
9:56.2
10:01.9
10:18.0
10:28.3

12.7
12.9
13.0
13.0
13.3
13.5

Record Holder: Cheryl Henderson, Minnetonka - 13.0 (1988)

Record Holder: Jennifer Bell, Lincoln - 12:31 Prelims (1988)

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GIRLS CHAMPIONSHIPS
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HAMLINE UNIVERSITY

| <u>STUDENT</u> | <u>SCHOOL</u> | <u>F.A.T.</u> | <u>H.H.</u> |
|--------------------|----------------|---------------|-------------|
| <u>3200m</u> | | | |
| *1. Alison Titcomb | Armstrong | | 11:30.3 |
| *2. Jenni Mearkle | Edina | | 11:43 |
| 3. Mindi Hale | St. Louis Park | | 11:53 |
| 4. Aimee Schaefer | St. Louis Park | | 12:03.9 |
| 5. Jenny Halverson | Armstrong | | 12:10.2 |
| 6. Keri Zweig | Minnetonka | | 12:17 |

Record Holder: Sarah Gandrud, Jefferson - 11:00.9 (1984)

4 x 800m RELAY

| | | | |
|-----|----------------|----------|---------|
| *1. | Minnetonka | 9:43.13 | 9:43.0 |
| 2. | Edina | 9:51.04 | 9:50.9 |
| 3. | St. Louis Park | 9:58.25 | 9:58.2 |
| 4. | Armstrong | 10:02.16 | 10:01.9 |
| 5. | Jefferson | 10:18.99 | 10:19.0 |
| 6. | Hopkins | 10:49.39 | 10:48.3 |

Record Holder: Armstrong - 9:36.64 (1986)

100m High Hurdles

| | | | |
|------------------|----------------|-------|------|
| *1. Katy Fawbush | Edina | 15.61 | 15.4 |
| *2. Shannon Carl | Minnetonka | 16.46 | 16.3 |
| 3. Steph Bjerk | St. Louis Park | 16.63 | 16.5 |
| 4. Linnea Sivets | Orono | 16.77 | 16.7 |
| 5. Andrea Maenke | Armstrong | 16.78 | 16.6 |
| 6. Becky Nelson | Minnetonak | 16.84 | 16.8 |

Record Holder: Cheryl Henderson, Wayzata -15.0 Prelims (1987)

100m

| | | | |
|-------------------------|----------------|-------|------|
| *1. Maureen Leonard | Minnetonka | 12.88 | 12.7 |
| *2. Tonya Andruskiewicz | Minnetonka | 13.08 | 12.9 |
| 3. Stacey Tyner | Hopkins | 13.16 | 13.0 |
| 4. Krisi Bjerke | Mound | 13.16 | 13.0 |
| 5. Jill Anderson | St. Louis Park | 13.37 | 13.3 |
| 6. Xuan Quan | Armstrong | 13.55 | 13.5 |

Record Holder: Jennifer Bell, Lincoln - 12:31 Prelims F.A.T. (1982)

Page 2 - Girls events continued

4 x 200m Relay

| | | <u>F.A.T.</u> | <u>H.H.</u> |
|-----|----------------|---------------|-------------|
| *1. | Armstrong | 1:45.49 | 1:45.3 |
| 2. | Hopkins | 1:47.57 | 1:47.4 |
| 3. | Mound | 1:48.00 | 1:47.8 |
| 4. | Minnetonka | 1:49.27 | 1:49.1 |
| 5. | St. Louis Park | | 1:52.1 |
| 6. | Jefferson | | 1:54.2 |

Record Holder: Minnetonka - 1:43.6 (1988)

1600m

| | | | | |
|-----|----------------|----------------|---------|--------|
| *1. | Alison Titcomb | Armstrong | 5:11.64 | 5:11.5 |
| *2. | Mindi Hale | St. Louis Park | 5:27.37 | 5:27.3 |
| 3. | Shawna Hedlund | Edina | 5:32.44 | 5:32.3 |
| 4. | Amy Schaefer | St. Louis Park | 5:33.56 | 5:33.4 |
| 5. | Keri Zweig | Minnetonka | 5:36.87 | 5:36.8 |
| 6. | Julie Secor | Minnetonka | 5:37.80 | 5:37.6 |

Record Holder: Lisa Koelfgen, Armstrong - 5:07.3 (1982)

4 x 100m Relay

| | | | |
|-----|----------------|-------|------|
| *1. | Armstrong | 50.22 | 50.1 |
| 2. | Mound | 50.96 | 50.8 |
| 3. | Kennedy | 51.23 | 51.0 |
| 4. | St. Louis Park | 51.38 | 51.3 |
| 5. | Wayzata | 51.38 | 51.3 |
| 6. | Hopkins | 51.39 | 51.3 |

Record Holder: Cooper - 49.6 (1982)

400m

| | | | | |
|-----|-----------------|------------|-------|------|
| *1. | Maureen Leonard | Minnetonka | 58.29 | 58.1 |
| *2. | Kim Reynolds | Edina | 59.03 | 58.9 |
| 3. | Paula Wurl | Armstrong | 59.16 | 59.0 |
| 4. | Sharon Rottach | Hopkins | 60.06 | 59.9 |
| 5. | Amy Johnson | Minnetonka | 61.86 | 61.8 |
| 6. | Kari Esnough | Orono | 61.98 | 61.8 |

300m LOW HURDLES

| | | | |
|--------------------|----------------|-------|------|
| *1. Katy Fawbush | Edina | 46.29 | 46.2 |
| *2. Michelle Glaus | St. Louis Park | 47.65 | 47.9 |
| 3. Carrie Bakken | Armstrong | 48.34 | 48.2 |
| 4. Steph Bjerck | St. Louis Park | 49.30 | 49.1 |
| 5. Andrea Maenke | Armstrong | 49.61 | 49.4 |
| 6. Shannon Carl | Minnetonka | 49.73 | 49.3 |

Record Holder: Betsy Utter, Edina - 45.4 (1988)

800m

| | | | |
|--------------------|------------|---------|--------|
| *1. Erin Lees | Minnetonka | 2:21.06 | 2:21.0 |
| *2. Kari Pederson | Orono | 2:23.43 | 2:23.3 |
| 3. Caprice Compton | Wayzata | 2:24.43 | 2:24.3 |
| 4. Barb Gramigni | Edina | 2:24.79 | 2:24.7 |
| 5. Rondi Swanson | Kennedy | 2:25.33 | 2:25.2 |
| 6. Jenny Bach | Armstrong | 2:27.13 | 2:27.0 |

Record Holder: Danijela Vicanovic, Minnetonka - 2:13.62 (1986)

200m

| | | |
|-------------------------|----------------|------|
| *1. Maureen Leonard | Minnetonka | 25.4 |
| *2. Tonya Andruskiewicz | Minnetonka | 26.1 |
| 3. Paula Wurl | Armstrong | 26.6 |
| 4. Jill Anderson | St. Louis Park | 26.7 |
| 5. Saebra Halliday | Wayzata | 27.3 |
| 6. Heather Derek | Jefferson | 27.4 |

Record Holder: Jennifer Bell, Lincoln - 24.5 (1982)

4 x 400m RELAY

| | | | |
|-----|------------|---------|--------|
| *1. | Minnetonka | 4:09.22 | 4:09.1 |
| 2. | Wayzata | 4:10.44 | 4:10.3 |
| 3. | Armstrong | 4:13.83 | 4:13.7 |
| 4. | Kennedy | 4:17.99 | 4:17.7 |
| 5. | Hopkins | 4:18.85 | 4:18.7 |
| 6. | Edina | 4:18.95 | 4:18.7 |

Record Holder: Minnetonka - 3:59.56 (1986)

FIELD EVENTS CHAMPIONS - GIRLS

DISCUS

| | | |
|--------------------|----------------|----------|
| *1. Julie Musolf | Minnetonka | 126' 8" |
| *2. Heidi Jessen | Minnetonka | 121' 10" |
| 3. Lisa Mendel | Wayzata | 116' 8" |
| 4. Amy Berchem | St. Louis Park | 116' 0" |
| 5. Sue Stuebner | Minnetonka | 111' 3" |
| 6. Joan Vanderwerf | Richfield | 109' 4" |

Record Holder: Betty Nagangast, Edina West - 129' 8½" (1978)

LONG JUMP

| | | |
|------------------------|----------------|-------------|
| *1. Katy Fawbush | Edina | 16' 10 3/4" |
| *2. Jill Anderson | St. Louis Park | 16' 2 1/4" |
| 3. Kari Bjerke | Mound | 16' 1 3/4" |
| 4. Denise Olson | Minnetonka | 15' 11 3/4" |
| 5. Gina Fields | Orono | 15' 9 1/4" |
| 6. Tonya Andruskiewicz | Minnetonka | 15' 8 3/4" |

Record Holder: Sue Harman, Cooper - 17' 11 1/4" (1983)

SHOT PUT

| | | |
|------------------|----------------|------------|
| *1. Heidi Jessen | Minnetonka | 38' 3" |
| *2. Amy Berchem | St. Louis Park | 37' 3 1/4" |
| 3. Katie Carlson | Kennedy | 36' 4" |
| 4. Julie Musolf | Minnetonka | 34' 3 1/2" |
| 5. Lisa Mendel | Wayzata | 34' 1/2" |
| 6. Sue Stuebner | Minnetonka | 34' 0" |

Record Holder: Julie Albrecht, Minnetonka - 42' 7" (1983)

HIGH JUMP

| | | |
|-------------------|----------------|------------------------|
| *1. Susan Nichols | Cooper | 5' 6 1/4" *New Record |
| *2. Steph Bjerk | St. Louis Park | 5' 5 1/4" +State Qual. |
| *3. Denise Olson | Minnetonka | 5' 4" +State Qual. |
| 4. Tracy Johnson | Orono | 5' 2" |
| 5. Jenny Weiland | Wayzata | 5' 2" |
| 6. Laurie Blood | Wayzata | 5' 0" |

Record Holder: Old Record- Dee Weinreis, Eisenhower - 5' 5" (1978)

*New Record Holder: Susan Nichols, Cooper - 5' 6 1/4" (1989)